

Directions: Take four capsules daily or as directed by your healthcare practitioner.

Opti-Hist is an advanced, broad-spectrum nutritional formula providing comprehensive support for seasonal environmental challenges.* The select nutrients in this formula – Vitamin C, Vitamin D-3, and Zinc – have been chosen for their synergistic ability to offer protection by supporting the body's immune response.*

Key ingredients in Opti-Hist include Quercetin, Bromelain and Nettle Extract, which have been found to help promote healthy mucus viscosity and provide histamine support.* Additionally, N-Acetyl Cysteine (NAC) is included in this formula as a powerful free radical scavenger.* NAC is also an amino acid precursor to glutathione, one of the most important antioxidants in the body.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

v12.1C-50055NM273



Therapeutic Solutions

Opti-Hist

High Potency

Seasonal Support*

Dietary Supplement

For Professional Use Only



120 VEGETABLE CAPSULES

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount	%DV†
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D-3 (as cholecalciferol)	1,000 IU	250%
Zinc (as zinc mono-L-methionine)	25 mg	167%
Quercetin	500 mg	**
<i>Boswellia serrata</i> Extract (65% boswellic acids) (gum resin)	300 mg	**
Nettle (<i>Urtica dioica</i>) Extract (4:1) (leaf)	300 mg	**
N-Acetyl L-Cysteine	250 mg	**
Bromelain (2,400 GDU/g)	200 mg	**
Citrus Bioflavonoid Extract	200 mg	**
Grape (<i>Vitis vinifera</i>) Seed Extract (95% proanthocyanidins) (seed)	20 mg	**
Betaine HCl	20 mg	**

† Percent Daily Values based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: HPMC (vegetable capsule).

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

To report a serious adverse event, call: 866.787.5175